

Born and raised in Jacksonville, Florida, Carlos started training as a martial artist in Taekwondo, and is a 2nd degree black belt. Shortly after and throughout his educational journey, he trained in ballet, modern, jazz, hip-hop, acrobatics, breakdance, dance teaching & choreography methods, and world ethnic dances at Lavilla School of the Arts, Douglas Anderson School of the Arts, and Jacksonville University College of Fine Arts.

Carlos' considers his first professional experience to be at the age of 15 as the 'Lead Russian' character for "Jacksonville Symphony's: First Coast Nutcracker". In Jacksonville, his early professional experiences continued as a performer & choreographer for dance companies: Ka'mia, A Rhythm Nation, and Systematic Dance Crew. Carlos achieved his first national television debut, with Systematic as they won BET's "106th & Park's" dance competition twice!

Later on, Carlos toured over 10 countries as a performer with Rasta Thomas' Bad Boys Of Dance performing "Rock The Ballet". After this tour finished, Carlos became a top 20 finalist on the Fox TV show "So You Think You Can Dance" Season 10! Next, while living in NYC, Carlos performed with the Broadway cast of "Spider-man Turn Off The Dark" in their final Gypsy Of The Year performance. He also performed as the principal character in iLuminate's off-Broadway show, "Artists of Light", and became an instructor at Broadway Dance Center and Steps On Broadway. Moving back to Florida, Carlos has performed at Walt Disney World and Universal Studios in Orlando.

During his entire career as a performer, Carlos also flourished his career as a resident guest artist instructor & choreographer for over 100 different dance studios, schools, colleges, conventions, and companies. Carlos considers the art & skill of performing, teaching, and choreographing to be equal passions of his. To date, he is humbled to have had the opportunity to perform live in front of millions of audience members, teach thousands students, and to consistently create choreographic works.

Most recently, Carlos created the production company Dancelook LLC in order to benefit and service the commercial arts industry and dance community. With the company's creations, he has produced award-winning choreography and musical dance films acclaimed through national and international film festivals. Also through Dancelook, Carlos is the Artistic Director of the pre-professional dance company, the Dancelook Apprentice Program, a program designed to help young students gain knowledge and exposure towards a professional and artistic career.

Learn more about Carlos: dancelookllc.com/carlos-garland | Instagram @spidermancarlos